Chapter 14

What kind of fetishes exist?
In small groups, try to come up with as many different fetishes as possible.

Different ways of expressing one's sexuality
E.g., fetishes
Oftentimes, society denotes these behaviors as "abnormal"
But, psychologists define "abnormal" as behaviors, feelings, or thoughts that:
- Negatively impact one's life
  E.g., love life, social life, work life, life enjoyment
- Or, cause harm to others
**PARAPHILIA**

- Sexual behaviors or urges that...
  - Cause suffering to oneself or others
  - Cause “distress or impairment in social, occupational, or other important areas of function”
  - Often just more extreme versions of normal sexual behavior
  - Most people like to see others naked
  - This turns into paraphilia if a person begins peeping on others without their consent
    - i.e., voyeurism

**FETISHES**

- Sexual fantasy, urges, or behavior involving materials, objects, or “scenes”

**CLASS POLL**

- Class Poll: What fetishes are you into?

![Poll Graph]

- Men
- Women

- Leather
- Feet
- Masochist
- Sadist
- Bondage
- Furry
Fetishism

- Sexual fantasy, urges, or behavior involving materials, objects, or “scenes”
  - Fetishes typically develop around ages 10 - 14
    - i.e., beginning of puberty
  - Why?

Causes of Fetishism

- Learning theory - early sexual experiences can become associated with present objects
  - Many children stimulate their genitals on objects (underwear, silk cloth, leather)
    - May eventually create association between sex and that object or material
  - Some children are punished (scolded, spanked) when caught masturbating
    - May create association between sex and punishment (spanking) or humiliation (called names)

Furries via Conditioning

- May explain “furries”
  - Not much research, but this also seems to be explained by conditioning
  - Most furries report being first attracted to an animal cartoon character during early puberty (age 10 - 14)
  - Joining the furry community encourages fantasizing, role-playing and dress-up
    - Strengthening this fetish over time
Researchers recruited non-foot fetishists.
Researchers repeatedly exposed men to pornography, interspersed with images of knee-high boots.
- Penis continually measured for arousal.
- After repeated trials, merely showing pictures of boots caused sexual arousal.
- In 60% of participants, men showed arousal to other types of shoes as well.
- Fetish can quickly “generalize.”

Creating a Fetish:
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